



ONA Region 2 Spring 2017 Newsletter

ONA REGION 2
PO BOX 52293
TULSA, OK 74152
ONAREGION2@GMAIL.COM

SPRING 2017

INSIDE THIS ISSUE:

Region 2 Nominations 2

Region 2 Awards 2

Region 2 Publication Award 3

ONA sponsored events 4

Region 2 Board Members 5

Calendar of Region 2 events 6

President's Welcome



Happy New Year ONA Region 2 members! As I reflected on the past year and developed plans for 2017, the typical thoughts ran through my mind; I need to get healthy, eat the right foods, perform daily activity, and focus on those things that are important to me such as my faith, family, friends, and career. Many of you had the same thoughts. As nurses, we tend to take care of everyone but

ourselves. Provision 5 of the *Code of Ethics for Nurses* states that the nurse, "owes the same duties to self as to others, including the responsibility to promote health and safety, preserve wholeness of character and integrity, maintain competence, and continue personal and professional growth" (ANA, 2015). We must role model healthy behaviors and practices and maintain our own well-being. Now is the perfect time to focus on the health of the nurses of Oklahoma. The American Nurses Association will be launching the Healthy Nurse,

Healthy Nation™ Grand Challenge very soon. Resources will include a comprehensive health risk appraisal free of charge and access to a web wellness portal. We hope all nurses will get involved in the challenge. Here is to a healthy and happy 2017! For more information on Healthy Nurse, Healthy Nation™ please visit <http://nursingworld.org/MainMenuCategories/WorkplaceSafety/Healthy-Nurse>

Brenda Nance, DNP, RN, CNE
ONA Region 2 President 2016-2017

Nominations will be open from Feb. 1st-15th. Nominate yourself or a colleague!

Consent to serve form, nomination form and by-laws can be found on line at oklahomanurses.org under the Region 2 tab. Questions? Email helen-farrar@ouhsc.edu

Plan now to nominate a deserving Region 2 member. Awards presented at the Spring Luncheon.

2017 Call for Nominations

President-Elect* - 2017-2018
Treasurer - 2017-2019
ONA Region 2 Representative* - 2017-2019
Director at Large - 2 positions - 2017-2019
Nominating Committee - 2 positions - 2017-2019
Delegates (22**) - 2017

*These positions may be combined

**Number of delegates based on 2016 membership

Refer to the Region 2 Bylaws for a description of the duties and responsibilities of each office.

2017 Region 2 Awards

The following Region 2 Awards are now open for nominations. The description and criteria for each award can be found at www.oklahomanurses.org under the Region 2 tab.

Excellence in Nursing*
Nursing Research**
Nursing Impact on Public Policy*
Nightingale Award of Excellence*
Excellence in Workplace Environment
Friend of Nursing*

Application deadline February 15, 2017

For more information go to: www.oklahomanurses.org, Region 2 Tab

*Includes a \$250 award

**Includes a \$500 award

Attention Region 2 Authors

Coming Soon!!

Have you published a scholarly article in the last 3 years? Region 2 has great news for you! Region 2 wants to promote and celebrate our published members that contribute to the scholarship of the nursing profession. Region 2 members who have published an article since January 2014 in a peer reviewed publication can apply for a \$250 stipend. The application will be available soon on the ONA website under the Region 2 tab.

For more information on Nurse of the Day go to:

www.oklahomanurses.org

**Nurses
Day at the
Capitol
February
28, 2017**

Nurse of the Day

This program serves as an effective advocacy tool for nurses across the state to talk one on one with Legislators. The Nurse of the Day also has the opportunity to attend various committee meetings and assist in the First Aid station at the Capitol. Nurse of the Day takes place Monday - Thursday from February through May. To sign up go to www.oklahomanurses.org.

Nurses Day at the Capitol

Have you always wanted to get involved with the legislative process? Now is your chance. Sign up to attend the Nurses Day at the Capitol. The day starts with an informational session held at the National Cowboy and Western Heritage Museum in OKC, followed by an opportunity to go to the Capitol and talk with legislators. Registration is open. Go to www.oklahomanurses.org to register for the event.

A primary issue this year is Full Practice Authority for APRNs. Go to the ONA website to learn more about this issue by utilizing the APRN Tool Kit.

2016-2017 Region 2 Board Members

President: Brenda Nance (brenda-nance@ouhsc.edu)

President-Elect: Brandi Payton (brandi-payton@cherokee.org)

Vice President: Linda Lyons-Coyle (llyons@coyleweb.com)

Treasurer: Mary Helen Freter (maryhelenfreter@gmail.com)

Secretary: Chris Thoman (cbthoman@cox.net)

Region 2 Representative: Brandi Payton (brandi-payton@cherokee.org)

Chairperson of the Committee on Nursing Advancement: Micki McKinney (micki.mckinney@yahoo.com)

Directors-at-Large:

- Pam Price-Hoskins (pph46@aol.com)
- Teresa Frazier (tfrazier@rsu.edu)
- Janet Jackson (janet.jackson@tulsacc.edu)
- Marla Smith (marlasmith@rsu.edu)

Chair, Nominating Committee: Helen Farrar (helen-farrar@ouhsc.edu)

Members: Carla Lynch, Teri Bycroft, Sarah Bailey, Donna Fesler

Mark your calendar now and plan to attend the **Annual Spring Luncheon** where we celebrate Region 2 members, introduce the newly elected Region 2 board members, and welcome the 2017 nursing graduates to the profession.

Watch for the reservation form and plan to attend and sponsor a graduating senior nursing student.

Save the Date:

**Annual Spring Luncheon
April 21, 2017
Tulsa Community College,
Center for Creativity
9th and Boston**

Thanks to all that attended the December Holiday Luncheon and donated to The Tulsa Day Center for the Homeless.

Welcome again to all the December nursing graduates!

ONA Region 2 Calendar of Events Spring 2017

Date: February 21, 2017

Speaker: Deb Greubel, DNP, APRN-CNP
United States Navy, Captain, Nurse Corps



Topic: Caring for Veterans

Time: Program and General Meeting 6:00-7:30 p.m.

Program Location: OU Tulsa, Learning Center, Room 145
1 CE Contact Hour.
Board Meeting Following Program

Annual Spring Luncheon

Date: April 21, 2017

Speaker: Micki McKinney, MSN, RN

Topic: A Culture of Safety and High Reliability

Time: 11:15-1:30

Location: Tulsa Community College
Center for Creativity
910 S. Boston Ave.

OU Tulsa is located at 41st
and South Yale

May or June 2017 -Transition of Officers Meeting
TBA

